

PSALM 23

Japanese Version

The Lord is my pace-setter:
I shall not rush.
He makes me stop and rest for
quiet intervals
He provides me with images
of stillness.
Which restores my serenity.
He leads me in the way
of efficiency
through calmness of mind
And his guidance is peace.
Even though I have a great
many things
to accomplish each day.
I will not fret
For his presence is here.
His timelessness,
His all-importance
will keep me in balance.
He prepares me refreshment and renewal
in the midst of my activity
By anointing my mind with the oil
of tranquility
My cup of joyous energy overflows.
Surely harmony and effectiveness
Shall be the fruit of my hours,
for I shall walk in the pace of
my Lord
And dwell in His house forever.